



Lunch menu

October 2024

REMINDERS

- You must be home to receive your meal(s) upon delivery.
- Please call our office at least two days prior if you know you will not be home.
- When possible, please ask family members, friends or neighbors to report all hospitalizations and nursing home placements.

Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken fingers 1 w/ honey mustard sauce Sweet potato wedges Collard greens Yogurt Beverage	Baked ham 2 Macaroni and cheese Cole slaw Baked apples Whole-wheat roll Beverage	Swedish meatballs 3 with noodles Vegetable medley Peach cobbler Beverage	Chili with beans 4 Tossed salad with dressing English peas and carrots Peach cobbler Beverage
Creole baked fish 7 Okra and tomatoes Grits Fresh fruit Beverage	Barbeque chicken 8 Butter beans Green beans Whole-wheat roll Cookie Beverage	Chicken tetrazzini 9 Broccoli Baby carrots Yogurt Beverage	Sausage with peppers 10 and onions Field peas Rice pilaf Fresh fruit Beverage	Spaghetti & meat sauce 11 Carrots Whole kernel corn Garlic bread Gelatin with fruit Beverage
Salisbury steak w/gravy 14 Scalloped potatoes Green beans Sliced peaches Beverage	Chicken parmesan 15 w/spaghetti noodles Steamed broccoli Squash medley Fresh fruit Beverage	Barbeque pulled pork 16 with bun Cole slaw Baked beans Spiced pears Beverage	Beef and broccoli stir-fry 17 Sliced carrots Yellow rice Apple cobbler Beverage	Baked chicken w/gravy 18 Collard greens Butter beans Cornbread Gelatin with fruit Beverage
Pot roast with peppers 21 and onions Au gratin potatoes Green beans Fresh fruit Beverage	Chicken broccoli alfredo 22 Tossed salad w/ dressing Winter squash Berry cobbler Beverage	Beef stroganoff with 23 noodles Vegetable medley Steamed mixed cabbage Chocolate-chip cookie Beverage	Lasagna w/ meat sauce 24 Cucumber salad Steamed broccoli Garlic bread Apple crisp Beverage	Cubed steak with 25 mushroom gravy Green beans Macaroni and cheese Fruit cup Beverage
Cheeseburger w/bun 28 Tator tots Carrots Lettuce, tomato Diced pineapple Beverage	Baked chicken w/gravy 29 Black-eyed peas Green beans Rice pilaf Brownie Beverage	Baked ham 30 Macaroni and cheese Cole slaw Baked apples Whole-wheat roll Beverage	Swedish meatballs 31 with noodles Vegetable medley Peach cobbler Beverage	

*Menu subject to market availability

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