



Lunch menu

November 2025

REMINDERS

- You must be home to receive your meal(s) upon delivery.
- Please call our office at least two days prior if you know you will not be home.
- When possible, please ask family members, friends or neighbors to report all hospitalizations and nursing home placements.

Monday	Tuesday	Wednesday	Thursday	Friday
Asian orange glazed chicken fritters Stir-fried vegetables Rice Cinnamon-spiced apples Beverage 3	Elizabeth's on 37th's 5-cheese macaroni Barbeque chicken Turnip greens Chocolate chip cookie Beverage 4	Fajita chicken w/onions and peppers Fiesta rice Corn and black beans Fruit Danish Beverage 5	Lasagna w/veggies Steamed broccoli Garlic Bread Pudding Beverage 6	Oven-fried chicken Okra and tomatoes Butter beans Steamed rice Fresh fruit Beverage 7
Salisbury steak w/gravy Squash casserole Scalloped potatoes Sliced peaches Beverage 10	Chicken parmesan w/spaghetti noodles Steamed broccoli Green beans Fresh fruit Beverage 11	Elizabeth's on 37th's Red rice Lemon pepper fish Okra and tomatoes Oatmeal cookie Beverage 12	Ukiyo Izakaya's Sesame noodles Teriyaki beef & veggies Steamed cabbage Vanilla rice pudding Beverage 13	Beef stew w/potatoes and carrots Vegetable medley Whole wheat roll Apple cobbler Beverage 14
Swedish meatballs with gravy Sautéed vegetables Noodles Spiced pears Beverage 17	Wexford Irish Pub's Corned beef with cabbage Roasted potatoes Whole-wheat roll Spiced apples Beverage 18	Chicken Cordon Bleu Green bean almondine Winter squash Pound cake Beverage 19	Blackened chicken alfredo Peas and carrots Vegetable medley Carrot cake Beverage 20	Cubed steak with mushroom gravy Roasted Brussel sprouts Macaroni and cheese Fresh fruit Beverage 21
The Grey's Chicken Roti Jasmine rice Indian peas and potatoes Pita chips Mango custard Beverage 24	Barbeque pork cutlet Sliced sweet carrots Snap green beans Mashed potatoes Fruit cocktail Beverage 25	Baked ham Black-eyed peas Sweet carrots Whole-wheat roll Gelatin with fruit Beverage 26	Baked turkey Cornbread dressing w/gravy Yam patty Green beans Ambrosia Cranberry sauce & Beverage 27	Baked turkey Cornbread dressing w/gravy Yam patty Green beans Ambrosia Cranberry sauce & Beverage 28
<p><i>This month, we are honored to introduce our fourth Celebrity Chef.</i> Chef Yambor from Elizabeth's on 37th is sharing TWO recipes with us: <i>Five-cheese Macaroni and Elizabeth's Red Rice. <u>Enjoy!</u></i></p>				

*Menu subject to market availability

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