



Lunch menu

November 2024

REMINDERS

- You must be home to receive your meal(s) upon delivery.
- Please call our office at least two days prior if you know you will not be home.
- When possible, please ask family members, friends or neighbors to report all hospitalizations and nursing home placements.

Monday	Tuesday	Wednesday	Thursday	Friday
				Spaghetti & meat sauce 1 Carrots Whole kernel corn Garlic bread Gelatin with fruit Beverage
Creole baked fish 4 Okra and tomatoes Grits Fresh fruit Beverage	Barbeque chicken 5 Butter beans Green beans Whole-wheat roll Cookie Beverage	Chicken tetrazzini 6 Broccoli Baby carrots Yogurt Beverage	Sausage with peppers 7 and onions Field peas Rice pilaf Fresh fruit Beverage	Chili with beans 8 Tossed salad with dressing English peas and carrots Peach cobbler Beverage
Salisbury steak w/gravy 11 Scalloped potatoes Green beans Sliced peaches Beverage	Chicken parmesan 12 w/spaghetti noodles Steamed broccoli Squash medley Fresh fruit Beverage	Barbeque pulled pork 13 with bun Cole slaw Baked beans Spiced pears Beverage	Beef and broccoli stir-fry 14 Sliced carrots Yellow rice Apple cobbler Beverage	Baked chicken w/gravy 15 Collard greens Butter beans Cornbread Gelatin with fruit Beverage
Pot roast with peppers 18 and onions Au gratin potatoes Green beans Fresh fruit Beverage	Chicken broccoli alfredo 19 Tossed salad w/ dressing Winter squash Berry cobbler Beverage	Beef stroganoff with 20 noodles Vegetable medley Steamed mixed cabbage Chocolate-chip cookie Beverage	Lasagna w/ meat sauce 21 Cucumber salad Steamed broccoli Garlic bread Apple crisp Beverage	Cubed steak with 22 mushroom gravy Green beans Macaroni and cheese Fruit cup Beverage
Cheeseburger w/bun 25 Tator tots Carrots Lettuce, tomato Diced pineapple Beverage	Swedish meatballs 26 with noodles Vegetable medley Peach cobbler Beverage	Baked ham 27 Black-eyed peas Sweet carrots Whole-wheat roll Gelatin with fruit Beverage	Turkey with gravy 28 Cornbread dressing Yam patty Collard greens Cranberry sauce Beverage	Turkey with gravy 29 Cornbread dressing Yam patty Collard greens Cranberry sauce Beverage

*Menu subject to market availability

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