

REMINDERS

- You must be home to receive your meal(s) upon delivery.
- Please call our office at least two days prior if you know you will not be home.
- When possible, please ask family members, friends or neighbors to report all hospitalizations and nursing home placements.

Monday	Tuesday	Wednesday	Thursday	Friday
Sheppard's pie Green beans Whole-wheat roll Peach crisp Beverage	Barbeque pulled pork with bun Cole slaw Baked beans Spiced pears Beverage	Lasagna w/ meat sauce Sliced carrots Broccoli Garlic bread Fruit cocktail Beverage	Baked chicken w/gravy Collard greens Field beans Yellow rice Diced peaches Beverage	Cheeseburger w/bun Tator tots Vegetable medley Lettuce, tomato Cookie Beverage
Salisbury steak w/gravy 10 Scalloped potatoes Brussel sprouts Whole-wheat roll Fruit cocktail Beverage	Chicken parmesan w/spaghetti noodles Green beans Peach cobbler Beverage	Smothered pork patty Green peas Mashed potatoes Roll Fresh fruit Beverage	Beef and broccoli stir-fry Sliced carrots Yellow rice Pineapple & cheese salad Beverage	Baked lemon chicken Collard greens Squash casserole Cornbread Gelatin with fruit Beverage
Wexford Irish Pub's 17 Corned beef and cabbage Au gratin potatoes Whole-wheat roll Spiced apples Beverage	Chicken Fingers with honey mustard sauce Sweet potato wedges Collard greens Yogurt Beverage	Chicken and dumplings 19 Spinach Sliced carrots Banana pudding Beverage	Lemon-pepper fish Okra and tomatoes Grits Tartar sauce Fresh fruit Beverage	Beef stew with potatoes 21 onions and carrots Green beans Whole-wheat roll Berry cobbler Beverage
Spaghetti w/meat sauce 24 Broccoli and cauliflower Garlic bread Apple cobbler Beverage	Barbeque chicken English peas and carrots Macaroni and cheese Yogurt Beverage	Chicken tetrazzini Baby carrots Snap green beans Brownie Beverage	Sausage with peppers and onions Scalloped potatoes Field peas Sliced peaches Beverage	Beef stroganoff with noodles Vegetable medley Steamed mixed cabbage Chocolate-chip cookie Beverage
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