



Lunch menu

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Baked chicken w/gravy 1 Cabbage Okra and Tomatoes Rice Fresh fruit Beverage	Meatloaf with gravy 2 Mashed potatoes Carrots Steamed broccoli Cookie Beverage	Chicken fingers 3 w/ honey mustard sauce Sweet potato wedges Collard greens Yogurt Beverage	Chicken salad 4 Pasta salad Carrot-raisin salad Whole wheat bread Pudding Beverage	Sausage with peppers 5 and onions Lima beans Rice pilaf Baked apples Beverage
Barbeque pulled pork 8 with bun Whole and creamed corn Cabbage Fresh fruit Beverage	Beef stew with onions, 9 potatoes, and carrots Green beans Peach cobbler Beverage	Turkey & cheese 10 sandwich w/ lettuce, tomato Potato salad Carrot-raisin salad Gelatin with fruit Beverage	Roast beef 11 Mashed potatoes Broccoli Carrots Oatmeal-raisin cookie Beverage	Lemon pepper fish 12 Mixed vegetables Cole slaw Rice pilaf Spiced pears Beverage
Lasagna w/meat sauce 15 Carrots Cabbage Fresh fruit Beverage	Chicken, broccoli, and 16 rice casserole Field peas with snaps Berry crisp Beverage	Tuna salad on lettuce 17 and tomatoes Fresh fruit salad Pasta salad Cookie Beverage	Smothered pork chop 18 Green beans Macaroni and cheese Fresh fruit Beverage	Cheeseburger with bun 19 Baked beans Cole slaw Mustard/mayo/lettuce/tomato Spiced apples Beverage
Beef stroganoff with 22 noodles Sliced carrots Broccoli Yogurt Beverage	Salisbury steak w/gravy 23 Turnip greens Mashed potatoes Field peas Fruit cocktail Beverage	Creole baked fish 24 Okra and tomatoes Grits Apple cobbler Beverage	Barbeque chicken 25 Harvard beets Cabbage Brown rice Banana pudding Beverage	Spaghetti & meat sauce 26 Carrots Mixed squash Garlic bread Diced peaches Beverage
Baked chicken w/gravy 29 Cabbage Okra and Tomatoes Rice Fresh fruit Beverage	Meatloaf with gravy 30 Mashed potatoes Carrots Steamed broccoli Cookie Beverage	Chicken fingers 31 w/ honey mustard sauce Sweet potato wedges Collard greens Yogurt Beverage		

*Menu subject to market availability