



# Lunch menu

## December 2024

### REMINDERS

- You must be home to receive your meal(s) upon delivery.
- Please call our office at least two days prior if you know you will not be home.
- When possible, please ask family members, friends or neighbors to report all hospitalizations and nursing home placements.

Monday	Tuesday	Wednesday	Thursday	Friday
Creole baked fish <b>2</b> Okra and tomatoes Grits Fresh fruit Beverage	Barbeque chicken <b>3</b> Butter beans Green beans Whole-wheat roll Cookie Beverage	Chicken tetrazzini <b>4</b> Broccoli Baby carrots Yogurt Beverage	Sausage with peppers <b>5</b> and onions Field peas Rice pilaf Fresh fruit Beverage	Chili with beans <b>6</b> Tossed salad with dressing English peas and carrots Peach cobbler Beverage
Salisbury steak w/gravy <b>9</b> Scalloped potatoes Green beans Sliced peaches Beverage	Chicken parmesan <b>10</b> w/spaghetti noodles Steamed broccoli Squash medley Fresh fruit Beverage	Barbeque pulled pork <b>11</b> with bun Cole slaw Baked beans Spiced pears Beverage	Beef and broccoli stir-fry <b>12</b> Sliced carrots Yellow rice Apple cobbler Beverage	Baked chicken w/gravy <b>13</b> Collard greens Butter beans Cornbread Gelatin with fruit Beverage
Pot roast with peppers <b>16</b> and onions Au gratin potatoes Green beans Fresh fruit Beverage	Chicken broccoli alfredo <b>17</b> Tossed salad w/ dressing Winter squash Berry cobbler Beverage	Beef stroganoff with <b>18</b> noodles Vegetable medley Steamed mixed cabbage Chocolate-chip cookie Beverage	Lasagna w/ meat sauce <b>19</b> Cucumber salad Steamed broccoli Garlic bread Apple crisp Beverage	Cubed steak with <b>20</b> mushroom gravy Green beans Macaroni and cheese Fruit cup Beverage
Turkey with gravy <b>23</b> Cornbread dressing Yam patty Collard greens Cranberry sauce Carrot cake and Beverage	Baked ziti <b>24</b> Winter squash Sliced carrots Pudding Beverage	Baked ham <b>25</b> Macaroni and cheese Spiced Apples Cookie Beverage	Swedish meatballs <b>26</b> with noodles Vegetable medley Peach cobbler Beverage	Spaghetti & meat sauce <b>27</b> Carrots Whole kernel corn Garlic bread Gelatin with fruit Beverage
Creole baked fish <b>30</b> Okra and tomatoes Grits Fresh fruit Beverage	Barbeque chicken <b>31</b> Butter beans Green beans Whole-wheat roll Cookie Beverage			

\*Menu subject to market availability

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