



Lunch menu

April 2025

REMINDERS

- You must be home to receive your meal(s) upon delivery.
- Please call our office at least two days prior if you know you will not be home.
- When possible, please ask family members, friends or neighbors to report all hospitalizations and nursing home placements.

Monday	Tuesday	Wednesday	Thursday	Friday
	Barbeque pork cutlet 1 Mashed potatoes Green bean almondine Spiced pears Beverage	Chicken salad on bed 2 of lettuce and tomato Carrot-raisin salad Crackers Berry vanilla custard Beverage	Beef and broccoli stir-fry 3 Sliced sweet carrots Yellow rice Apple cobbler Beverage	Chicken fricassee 4 Italian green beans Macaroni and cheese Fresh fruit Beverage
Pot roast with carrots, 7 onions, and potatoes Green beans Whole wheat roll Apple cobbler Beverage	Chicken with mushroom 8 gravy Collard greens Roasted rosemary potatoes Banana pudding Beverage	Penne pasta with 9 Bolognese sauce Sautéed squash Broccoli Fresh fruit Beverage	Chili with beef 10 Roasted carrots Cornbread Peach crisp Beverage	Grilled chicken breast 11 Cucumber salad Whole wheat bread Lettuce, tomato, mayo Cookie Beverage
Chicken and broccoli 14 rice casserole Sliced carrots Tossed salad with dressing Baked apples Beverage	Swedish meatballs 15 Mashed potatoes Vegetable medley Berry cobbler Beverage	Smothered pork patty 16 Green beans with peppers Collard greens Brown rice Diced peaches Beverage	Creole fish 17 Okra and tomatoes Grits Cole slaw Yogurt Beverage	Chicken fingers with 18 honey mustard sauce Sweet potato wedges Green beans Fresh fruit Beverage
Chicken tetrazzini 21 Baby carrots Snap green beans Brownie Beverage	Cheeseburger with 22 lettuce and tomato Tator tots Vegetable medley Pudding Beverage	Baked chicken with 23 mushroom gravy English peas and carrots Rice Peach cobbler Beverage	Salisbury steak w/gravy 24 Squash casserole Scalloped potatoes Fresh fruit Beverage	The Grey's Chicken Roti 25 Jasmine rice Indian peas and potatoes Mini pita bread Mango custard Beverage
Lemon pepper fish 28 Vegetable medley Okra and tomatoes Grits Pudding Beverage	Barbeque pork cutlet 29 Mashed potatoes Green bean almondine Spiced pears Beverage	Chicken salad on bed 30 of lettuce and tomato Carrot-raisin salad Crackers Berry vanilla custard Beverage		

*Menu subject to market availability

(843) 802-0919 | www.mowbluffonhiltonhead.org